

Compare your career ideas

Whakatairitea ō whakaaro aramahi



Deciding on your future career can be hard. Use this worksheet to help you to explore your career ideas in more detail.

Step 1: Write down the work values that are important to you

Knowing what you value in your work and what you enjoy doing will help you to make better decisions.

Using your answers from the 'What do I value in my work' worksheet, write down the values that you scored as a 1 (very important) or 2 (important).

Value that's important to me

Comments

Example: Teamwork

I want to work with others

Step 2: Write down the skills you enjoy using or want to learn

Using your answers from the 'Figure out your skills' worksheet, write down the skills you enjoy using or want to learn.

Tip: You can learn new skills so include ones you want to learn, even if you don't have these skills at the moment.

Skill that I enjoy using or want to learn	Comments
Example: Food handling and preparation	I enjoy cooking and baking

Step 3: Do the Interest quiz

Once you have finished the [Interest quiz](#) on Tahatū, read through the description for each career idea.

Tips:

- ▶ Keep an open mind and leave career ideas on your list even if you don't know anything about them, or aren't sure about the length of the study or the cost – you can do more research later.
- ▶ Remember that the Interest quiz is a computer program. If you aren't finding many career ideas of interest, you can redo the quiz or explore more career options under each work area.

Save the career ideas you are interested in and any that you are undecided on to My kete on Tahatū, or write them into the table below.

Career idea	Yes, I'm interested	I might be interested but I need to find out more
Example: Cook	✓	

Step 4: Research each career idea

This activity will help you to narrow down your list of career ideas.











What you need to do

Step 1: If you have done the Interest quiz on Tahatū and saved your results, go to My kete. Scroll down to the Work Mahi section to explore career ideas.











If you don't have an account, go to the Work Mahi section then to 'Explore career ideas'.

Step 2: Click on your chosen career idea and read the web page. Use this information to fill in the table below, using one table for each career idea. Duplicate this table as needed.











Step 3: When you have finished, see which career ideas you are most interested in and want to research further.

Example career idea	Cook				
	 No	 Not really	 Don't know	 Kind of	 Yes
'What would you do in this job'. Read this section on the career idea web page.					✓
Would I enjoy doing this work?					
Does my career idea align with my values and the skills I enjoy or want to learn?					✓
'How can you get into this job'. Read this section on the career idea web page.				✓	
Would I be happy to do this study?					
Score the information provided on the pay section of the career idea web page.				✓	
Does the pay meet my expectations?					
Overall, what would I score this career idea?	 It's definitely not for me	 It's probably not for me	 Don't know	 I'm kind of interested	 I'm interested
					✓





Career idea

	 No	 Not really	 Don't know	 Kind of	 Yes
<p>'What would you do in this job'. Read this section on the career idea web page.</p> <p>Would I enjoy doing this work?</p>					
<p>Does my career idea align with my values and the skills I enjoy or want to learn?</p>					
<p>'How can you get into this job'. Read this section on the career idea web page.</p> <p>Would I be happy to do this study?</p>					
<p>Score the information provided on the pay section of the career idea web page.</p> <p>Does the pay meet my expectations?</p>					
<p>Overall, what would I score this career idea?</p>	 It's definitely not for me	 It's probably not for me	 Don't know	 I'm kind of interested	 I'm interested

Career idea

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<p>Does my career idea align with my values and the skills I enjoy or want to learn?</p>					
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Career idea

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Next task

Identify the career ideas you want to research in more detail using the 'Decide on your career' worksheet.

If you've made a career decision

You can use the 'Plan your study and training' worksheet to plan your next steps like study or training options and accommodation.