

Decide on your career

Whakatauria tō aramahi



Use this worksheet if you have some career ideas or jobs that you're interested in. Take your time to research each career idea in depth.

The questions are open ended and designed as prompts to help you consider each element of a career idea.

Reflect on how each career idea would suit you before you make a final decision.

If you haven't done so already, do these activities first:

- ▶ 'What do I value in my work' worksheet
- ▶ 'Figure out your skills' worksheet
- ▶ the Interest quiz on Tahatū
- ▶ 'Compare your career ideas' worksheet.

What you need to do

1. Pick the career ideas that you're most interested in from the 'Compare your career ideas' worksheet.
2. Answer the questions in this worksheet.
3. Use one worksheet for each career idea you want to research.

Tip: If you get overwhelmed with information, focus on what you like about the career idea.

Career idea: _____

Go to the career idea in the Work Mahi section of Tahatū by clicking 'Explore career ideas' and browse by category or use the search function.

Questions

My notes

What do I like about this career idea?

Look at the section 'What would you do in this job?' on the career idea web page for ideas.

Questions

My notes

What don't I like about this career idea?

What do I need to know more about?

Study or training

On the career idea web page go to the 'How can you get into this job' section.

Tips:

- ▶ If there are a number of study pathways for this career idea, you can research your options later using the next worksheet 'Plan your study and training'.
- ▶ If you have concerns about the length or cost of the study or training talk to the education provider and Studylink. You can also talk to other people like whānau and teachers.

Questions

My notes

What do I need to get a job in this area?

What do I need to know more about?

Finding work after study or training

On the career idea web page, scroll down to 'Find a job Rapua he mahi'. Click on 'Find job opportunities'.

Reviewing the job advertisements on SEEK or Trade Me will give you an understanding of the skills and qualifications employers are looking for and an idea of how many jobs are available.

Tip: Under the name of the career idea on Tahatū is a list of other titles used to describe the same job.

Questions**My notes**

What skills are most employers looking for in this job?

How easy will it be to find a job in this area after my study or training?

What do I need to know more about?

On the career idea web page look at the pay scale under 'Your pay could be'.

Questions**My notes**

Does the pay meet my expectations?

What do I need to know more about?

Talking to people doing the job

You can find out a lot about a career idea or job by researching it online, but talking to people in the job will give you a better understanding of what's involved. Most people are happy to help, but if they're busy try someone else.

Tips:

- ▶ Brainstorm with your whānau and other people in your network about who they know that does this job or works in the industry.
- ▶ A person's job title might be different to the one on Tahatū. Under the name of the career idea on Tahatū is a list of titles used to describe the same job.

People I can talk to**My notes**

People I can talk to

My notes

Template for asking someone about their job

Here's an example of what to say when you ask someone about their job.

Depending on what suits them, you could talk in person, over the phone or by video chat.

Tips:

- ▶ Take notes either in or after the meeting.
- ▶ Send them a thank you email or text message after you've talked to them.
- ▶ After talking to them, reflect. Would this job suit me?

My name is _____. I was given your name by _____.

I am currently _____ (current situation, for example, at school/
wanting to retrain.)





I am very interested in getting a job as a _____. However, I
would like to know more about it before I decide. Would I be able to have a 15-20 minute chat
with you to find out more about what you do?

Questions you can ask:

- ▶ What do you like about your job?
- ▶ What do you not like about your job?
- ▶ How did you get into it?
- ▶ What does a typical day look like for you?
- ▶ How easy is it to find work?
- ▶ Is there anything I can do that will help me get a job in this industry?
- ▶ Are there any changes happening in the industry that would be good for me to know about?
- ▶ What other advice do you have for me?

Score career idea

Once you have done your research, score the career idea again.

Score	 It's definitely not for me	 Don't know	 I'm kind of interested	 Yes, I'm keen
Next steps	Cross it off the list!	Do more research and look at other career ideas so you can compare	Look at other career ideas so you can compare	Use the 'Plan your study' worksheet to plan your next steps

It can be hard to make a decision about your career. Talking to someone you know, like whānau, family, a careers consultant or teachers, can help you decide what job would suit you best.

Next task

Once you've made a decision, use the 'Plan your study and training' worksheet to figure out your next steps.