

Taku pūwhakamahere haerenga aramahi

Ka āwhina tēnei mahere mahi i tō whakatōmene i ngā mea hira ki a koe, tae atu ki ō kaingākau, pūkenga, uara hoki, kia taea ai e koe te whakamahere i tō anamata. Ka kitea he mahi tērā pea he pai ki a koe, ā, ka ako ki ngā tohu me ngā whakangungu ka hiahiatia.

Tōku kōtaha

Kei roto ko tō ahurea, tō whānau, tō wāhi noho rānei.

Tōku ingoa

Tōku hāpori

Tuhia, ka tātuhi rānei i tō hāpori – ko wai mā kei roto, he aha tōna āhua? Kei hea koe e noho ana (hei tauira, kei tētahi tāonenui, kei tuawhenua rānei)?

He aha ngā mahi e mahia ana i tō hāpori i tēnei wā tonu? Whai whakaarohia ngā huihuinga o te rohe, ngā pakihi, ngā ahumahi rānei. He aha te tūhononga o ēnei ki a koutou ko tō whānau?

Ōku painga

He whakaahua ngā painga whaiaro i tō āhua hei tangata. Kōwhiria ngā kupu he tino pai te whakaahua i a koe:

Urutau	Marae	Pono
Mohito	Ngāwari	Takohanga
Atawhai	Pukumahi	Whaitake
Ngākau mahara	Matatika	Pononga
Pou whirinaki	Mākoha	Whakahoahoa
Pūkeke	Piripono	Matatika
Tākare	Māhorahora	[Ōku painga]
Pīngore	Manawanui	[Ōku painga]
Rarata	Hūmārika	[Ōku painga]
Pukuhohe	Ū ki te wā kua whakaritea	[Ōku painga]

Tuhia ō tino painga e toru, ka hoatu tauira ai o tō whakaatu i ēnei.

Painga 1

Painga 2

Painga 3

Mōku

Mō te whakatōmene tēnei wāhanga. Me pātai pea i a koe anō:

- He aha ngā mahi papai ki a au?
- He aha ngā mahi e mahia paitia ana e au?
- He aha ōku pūkenga?

Hei āwhina i tō tautuhi i ō pūkenga, ō kaingākau me ō pūkenga whakaotia ngā wāhanga o raro, haere ranei ki te paetukutuku Pūwhakatere Aramahi Tahatū ki reira kimi āwhina ai.

Discovering who you are

Ōku uara

Ko ngā mea hira ki a koe koia ngā uara. Ka ārahi pea i ō kōwhiringa, ka toitoi pea i a koe. Kōwhiri mai i ngā uara mahi kei raro ki te tautuhi i ngā uara e hira ana ki a koe i te mahi (me whakaaro pea ki tētahi mahi harangote e mahi ana koe i tēnei wā, ki tētahi mahi ā muri atu pea).

Te ako mea hou – te whiwhi pūkenga hou, mōhiotanga hou	Te mahi ā-kapa – te pai o te mahi tahi ki ētahi atu i rō rōpū iti, rōpū nui rānei ki te whakatutuki whāinga
Te mahi tahi me ētahi tāngata – me te nunui o te whakapā ki ētahi atu	Te pīngore – Te momo mahi e whakaaetia ai ngā huringa o ngā haora, ngā tūmahi me ngā tūnga
Te ahurea – te whakaute me te uara i ngā tāngata whai kapapori rerekē	Te mātātaki taha tinana – te mahi i ngā mahi e whakapau kaha ana
Te āwhina i te iwi me ngā hāpori – te whakaatu i te pānga takatika	Te huhua noa o ngā mahi me ngā huringa – te mahi i ngā mahi rerekē, te mahi rānei i ngā wāhi rerekē
Te whiwhi moni – te whiwhi utu mō ō mahi	Te hāereere – te tūpono kite wāhi hou
Te wāhi – te mahi i tētahi wāhi e pai ana ki a koe	Te mahi i tō kotahi – te tūhake
Te whakaputa painga – ko te huringa takatika mō ētahi atu te otinga	Te wairua auaha – te hua momo rerekē e mahia ai ngā mahi
Te noho huānga – te whai wāhi ki tētahi rōpū, tētahi hāpori rānei.	Te kaihautūtanga – te arataki, te whakakipakipa rānei i tangata kē
Ngā hoahoatanga – te takahoa haere i te wāhi mahi	Te whiwhi āhukahukatanga – te whakamihia mō āu mahi
Ngā ritenga – te riterite tonu o te mahi i ngā mahi ōrite	Te tūhake – tō whakatau take ko koe anō
Te haumarutanga – te whai mahi tūwhena, moni whiwhi tūwhena rānei	Te āio – te taiao mahi rangimārie

Tētahi atu mea?

Ka āhei koe te tāpiri i tōu anō uara mahi ki konei.

Kōwhiria kia 3 ngā uara e hira ana ki a koe, ka homai pūtaka mō ia kōwhiringa. *Tauira: Ka kōwhiri au i te wairua auaha nā te mea he pārekareka ki a au te hua whakaaro hou.*

Uara 1

Uara 2

Uara 3

Ōku kaingākau

He aha ngā hākinakina, ngā runaruna, ngā mahi tūao, te mahi ka utua rānei e pai ana tō mahi? Whakaotihia te kairoro Kaingākau kei Tahatū kia nui ake tō mōhio ki ō kaingākau, ka kōwhiri rānei mai i ngā kaingākau kei raro nei.

Tahatū Interest quiz

Te tākaro poitarawhiti	Te ekengarū	Ngā mahi ā-rehe
Te āwhina i te marae	Te hopu whakaahua	Te kapa haka
Te kaukau	Te kanikani	Te eke paihikara
Te tunu kai	Te whakarongo ki te puoro	Te whakatika me te hanga mea
Te tātuihi	Te purei kēmu	Te mahi māra
Te whakatangi puoro	Te whakapau wā i te taha o aku hoa me te whānau	Te hikoiko, te noho tū-ā-nuku
Te waiata	Te waka ama	[Ōku kaingākau]
Te tiaki kararehe	Te hī ika	[Ōku kaingākau]
Te eke hōiho	Te mahi rorohiko	[Ōku kaingākau]
Te mahi hākinakina	Te whakarite hui	[Ōku kaingākau]
Te waihanga taonga whakapaipai	Te kohikohi mea	[Ōku kaingākau]

Ōku pūkenga

Ko tēnei mea te pūkenga te āhei ki te mahi i tētahi mahi. I roto i te wā ako ai tātou i ngā pūkenga hou, whakawhanake ai rānei i ērā kei a tātou kē. He pūkenga māmā pea aua pūkenga, pēnei te whakapai moenga, he mea whiwhiwhi kē atu rānei, pēnei i te whakatangi taonga puoro, te hanga papatono rorohiko rānei.

E whiwhi āwhina ai mō te mōhio ki ō pūkenga, haere ki te whārangi paetukutuku Kia mōhio ki ō pūkenga i Tahatū, ka whakamahi i te raumahi 'Whiriwhiria ōu pūkenga'. Kātahi ka whakaoti i te wāhanga kei raro.

Know your skills

Ngā pūkenga e whakamahi ana au i tēnei wā

Whakaahuatia, ka tautuhi i ngā pūkenga kua whiwhi koe i te mahi, i te mahi tūao, i ngā mahi hāpori, i ngā hākinakina, i ngā runaruna me te noho kāinga.

Te wāhi e ako ana, e whakaatu ana rānei koe i taua pūkenga	Te tūmahi, te mahi rānei e mahi ana koe	Te ingoa o te pūkenga, o ngā pūkenga rānei e whakamahi ana koe
<i>Tauira: Te hāpori. He āwhina i tō mātou whare karakia, i te marae rānei</i>	<i>Tauira: Te taka kai, te whakarato kai ki te manuhiri, te horoi, te tiroiro tamariki pūhou</i>	<i>Tauira: Te hauora me te haumarū, ngā pūkenga pāhekoheko ki ngā tāngata, te whakamahi taputapu, te atawhai, te whakahaere mea, ngā pūkenga whakawhitiwhiti kōrero</i>

Ngā marau me ngā kōwhiringa whakangungu

Ngā marau kura me ētahi atu akoranga e mahi ana au i tēnei wā, ā, e arohia ai anō hoki ki te mahi ā te tau e tū mai nei. Toro atu ki ngā marau NCEA i Tahatū mō ngā āwhina mō ngā kōwhiringa marau.

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Ngā marau e ako ana au i tēnei tau (ka taea ngā marau, ngā paerewa me ngā tiwhikete te whakauru)	Ngā marau me te whakangungu e aro ana ki te whai ā tērā tau (ka taea te Gateway me ngā Trade Academies te whakauru)

Te whakatōmene aramahi

Koinei tō wā tūhurahura i te whānuitanga o ngā momo mahi ka mahia e te tangata. Whakamahia a Tahatū ki te torotoro i ngā whakaaro aramahi neke atu i te 800 – te kimi mōhiohio mō te utu ka utua ki te tangata, ngā tohu whakangungu, me ngā momo mahi rerekē e mahia ana e te tangata i tētahi momo mahi. Ka āhei hoki te whakamahi i te puna ataata o Tahatū ki te torotoro ataata mō ngā mahi rerekē.

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Rangahaua kia 3-5 ngā mahi e aro ana koe, ka whakaoti i te tūtohi kei raro.

Ngā whakaaro aramahi e arohia ana e au	Aku mahi ina mahi i taua mahi	Ngā tohu me te whakangungu me whai e au	Ngā pūkenga me whakawhanake au
Tauira: Kaitunu	Tauira: Te taka me te tunu i ngā tonu kai, te whakatakoto kai ki runga pereti, te whakamahere me te hanga tahua kai	Tauira: Ngā wheako kei tētahi momo mahi rite. Tiwhikete o Aotearoa Mō te Tunu Kai (Tāumata 3)	Tauira: Te tunu kai, te auaha me te rapa rongoā, te whakawhitiwhiti kōrero, te mahi i rō rōpū, te pakihi me te whakahaere

Ngā pūkenga whai mahi

Ko ngā pūkenga whiwhi mahi ērā pūkenga, waiaro hoki e whai uara ana ki ngā kaitukumahi ahakoa te mahi. He whaihua ēnei kei te whānuitanga o ngā horopaki mahi rerekē, ā, ahu mai ai i ngā mahi e mahi ana koe i te kura, i te kāinga, i te hapori rānei. Tirohia te wāhanga pūkenga kei runga mō ngā whakaaro, kātahi ka tiro i ngā pūkenga whai mahi e 7 kei raro.

Haere ki Ngā pūkenga e kimihia ana e ngā kaitukumahi i Tahatū ki te pānui kōrero atu anō mō ngā pūkenga whai mahi.

Skills employers are looking for

Ngā pūkenga whiwhi mahi (waiho kia pātea ki te whakawhanake tonutia)	He pēhea tō whakamahi i taua pūkenga?
Tauira: Te mahi tahi	Nō te rōpū rangatahi o te hāhi ahau i whakahaere ngohe mahi moni ai mō te hāhi.
Te mahi tahi	
Te waiaro pai	
Te whakawhitiwhiti kōrero	
Te hiahia ki te ako	
Te whakahaere whaiaro	
Te manawaroa	
Ngā pūkenga whakaaro (Te whakaoti rapanga)	

He aha ngā pūkenga whiwhi mahi me whakawhanake koe?

Ōku whāinga

Ko te whāinga te mutunga iho o tētahi mea e hiahia ana koe ki te whakatutuki. Ko tāna, he āwhina i a koe ki te arotahi me te whakamahere. Mō ētahi mōhiohio atu anō mō te whakatau whāinga haere ki Whakatinanatia tō whakaaro aramahi i Tahatū.

Take action on your career decision

Te whāinga kura

Tōku whāinga kura:

*Tauira: Ka pukumahi tonu au
kia whai wāhi tonu ki aku mahi
akomanga me te whakaoti i aku
tūmahi i te wā kua whakaritea.*

Whāinga whakatōmene

Ko tōku whāinga whakatōmene aramahi:

*Tauira: Kei te hiahia kia nui ake
taku mōhio e pā ana ki te mahi
hei kaihangā whare.*

Whāinga pūkenga

Tōku whāinga pūkenga:

*Tauira: Kei te hiahia whakapai
ake i aku pūkenga mahi i rō rōpū
mā te tūhono ki tētahi rōpū
tūao, rōpū hapori rānei.*

Whāinga hapori

Tōku whāinga hapori:

*Tauira: Te mahi tūao i tōku
marae i ngā hui, mā te whakatika
i te papawhenua rānei.*

Ngā kaupae me ngā mahi ka whai ake

Ko ngā mahi ngā hipanga ka oti i a koe ki te whakatutuki i ō whāinga. Ka āhei ēnei te whakahou i te takanga o te wā.

He aha ngā mea me oti kia tutuki ōku whāinga aramahi?	Aku mahi me ngā kaupae e whai ake ana	Te wā me oti tēnei (rā)
Kura <i>Tauira: Tuhia ngā wā me oti aku tūmahi ki roto i tētahi pūwhakamahere, taupānga rānei</i>		
Whakatōmene <i>Tauira: Kōrero ki tētahi o te whānau, ki tētahi atu rānei mō te noho hei kaihangā whare</i>		
Ngā pūkenga <i>Tauira: Te āwhina ki te whakaako, te whakahaere kēmu rānei i tō karapu hākinakina</i>		
Hapori <i>Tauira: Whiu pātai mō ngā mahi ka mahia e au (hei tauira, te whakarite tūru, te horoi, te taka kai), ka tiki i ngā rawa ka hiahia au</i>		

Mā wai pea au e āwhina?

Mā wai pea au e āwhina ki aku whāinga, ki aku mahi hoki (ngā kaiako, te whānau, ētahi atu tāngata e whakaute ana au).

Te ingoa o te tangata tautoko	He pēhea tana āwhina mai ki aku whāinga me aku mahi
Tauira: Tōku kaiwhakaako poitūkohu	Hoatu tohutohu me ngā tīwhiri whakaako

Te huritao

Āta tirotirohia tō pūwhakamahere aramahi puta noa i te tau, ka panoni i ētahi āhuatanga ki te hiahiatia. Whakautua ngā pātai e whai ake nei.

He aha ngā mea hou kua akona mōku anō?

Kua werohia au e te aha?

Me nui ake aku mōhiohio ki ēhea mea mō te tau e heke mai nei?