

Taku pūwhakamahere haerenga aramahi

Ko te mahere mahi nei tō wāhi hei whakatōmene i ngā mahi e pai ana ki a koe, ngā mea e mahia paitia ana e koe, me te titiro i muri i tēnā ki ngā whakaaro me ngā arawātea aramahi e rerekē ana. I tō mōhiohia haere tonu ki te ao mahi, ka āhei ō whakaaro te whakahou me te whakamahere i ō mahi whai ake.

Tōku kōtaha

Kei roto ko tō ahurea, tō whānau, tō wāhi noho rānei.

Tōku ingoa

Tōku hapori

Tuhia, ka tātuhi rānei i tō hapori – ko wai mā kei roto, he aha tōna āhua? Kei hea koe e noho ana (hei tauira, kei tētahi tāonenui, kei tuawhenua rānei)?

Me pēhea te whakaahua i tō hapori ki tētahi kāore e mōhio ana ki a koe?

Ōku painga

He whakaahua ngā painga whaiaro i tō āhua hei tangata. Kōwhiria ngā kupu he tino pai te whakaahua i a koe: hei tauria, he atawhai, he mākohā, he pou whirinaki, he pukuhoe, he whakahoahoa.

Tōtika	Atawhai	Tākare	Pono
Piripono	Memeke	Reretahi	Pāhekoheko
Whaitake	Pononga	Kaha	Māhaki
Hihira	Marae	Aumangea	Haonui
Pou whirinaki	Pukukōrero	Māhorahora	Hihiri
Manawanui	Ū ki te wā kua whakaritea	Pīngore	Pūkeke
Wairua auaha	Whakahoahoa	Whakatau	Māhuru huri
Pono	Pukuhoe	Rarata	Mākohā

Tīpakona ō tino painga e 3–5 i te rārangi. Mēnā he painga anō ōu kāore i te rārangi, tāpiritia anō hoki.

Mōku

Mō te whakatōmene tēnei wāhanga. Me pātai pea i a koe anō:

- He aha te mea nui ki a au?
- He aha ngā mahi papai ki a au?
- He aha ōku pūkenga, mōhiotanga hoki?

Whakaotia ngā wāhanga i raro kia nui atu tō mōhio ki ōu anō uara, kaingākau me ngā paetae.

Ōku uara

Ka whakaatu ngā uara i ngā mea hira ki a koe. Ka ārahi i ō kōwhiringa, ka whakaohoho pea i a koe. Ka āwhina pea ō uara ki te whakatau he aha ngā tūmomo mahi, ngohe rānei e pai rawa ana ki a koe.

Kōwhiria i ngā uara kei raro nei, ka tāpiri rānei i ōu ake.

Te tautoko i tōku hapori/marae/hāhi	Te tūhake
Tōku ahurea me ōna tikanga tuku iho	Te noho hei kiriwhakatauirā mō ētahi atu
Te hanga i ōku anō kōwhiringa	Te whiwhi moni āpōpō
Te whakakipakipi i a au anō kia mahia ngā mea hou	Te tiaki i te taiao
Te whakatakoto me te whakatutuki i ngā whāinga	[Ōku uara]
Te whai waiaro takatika	[Ōku uara]
Te wairua auaha	[Ōku uara]

Kōwhiria kia 3 ki te 5 ngā uara e hira ana ki a koe, ka tuhi ai ki roto i te āputa i raro.

Öku kaingākau

Kei te whakaahua ngā kaingākau i ngā mea pai ki a koe, i ngā mea rānei e hiahia ai koe kia nui ake tō mōhiotanga. Ko ngā ngohe, ngā marau, nga kaupapa rānei ērā e aro atu ai koe, pēnei i ngā hākinakina, ngā mahi toi, te hangarau, te āwhina rānei i tangata kē. Ka āhei te whakaoti i te kairoro Kaingākau kei te Pūwhakatere Aramahi Tahatū kia nui ake tō mōhiotanga ki ō kaingākau.

Kōwhiria ngā kaingākau i raro e aro ai koe:

The Interest quiz

Te tākaro poitarawhiti	Te waihanga taonga whakapaipai	Te kohikohi mea
Te āwhina i te marae	Te ekengaru	Ngā mahi ā-rehe
Te kaukau	Te hopu whakaahua	Te kapa haka
Te tunu kai	Te kanikani	Te eke paihikara
Te eke hōiho	Te whakarongo ki te puoro	Te whakatika me te hanga mea
Te tātuhi	Te purei kēmu	Te mahi māra
Te whakatangi puoro	Te whakapau wā i te taha o aku hoa me te whānau	Te hīkoikoi, te noho tū-ā-nuku
Te waiata	Te waka ama	[Öku kaingākau]
Te tiaki kararehe	Te hī ika	[Öku kaingākau]
Te eke hōiho	Te mahi rorohiko	[Öku kaingākau]
Te mahi hākinakina	Te whakarite hui	[Öku kaingākau]

Öku pūkenga

Ko tēnei mea te pūkenga te āhei ki te mahi i tētahi mahi. I roto i te wā ako ai tātou i ngā pūkenga hou, whakawhanake ai rānei i ērā kei a tātou kē. He pūkenga māmā pea aua pūkenga, pēnei te whakapai moenga, he mea whīwhiwhi kē atu rānei, pēnei i te whakatangi taonga puoro, te hanga papatono rorohiko rānei. Kōwhiria ngā kaingākau e pai ana ki a koe, e whakamahi paitia ana rānei e koe.

Ngā mea pai ki a au:

Te whakaoti i aku mahi i roto i te wā kua whakaritea	Te whakamātau ariā
Te whakamārama i taku mahi ki tangata kē	Te whakatika mea me te whiriwhiri he aha te hē
Te whakaharatau, te whakangungu rānei kia pai ake aku mahi	Te whai wāhi ki tētahi tīma, karapu rānei
Te whakamahere me te whakariterite ngohe	Te whai wāhi ki ngā matapakanga
Te kōrero ki tētahi rōpū	Te kōrero i tētahi atu reo
Te whakamahi taputapu hei hanga, hei whakatika rānei i tētahi mea	Te whakarite i tētahi kēmu ki ngā hoa
Te tiaki kararehe	Te hautū i tētahi rōpū
Te rangahau me te rapu i ngā mōhiotanga e hiahia ana au	Te taka kai
Te whakatipu me te tiaki tipu	[Tāpiritia öku pūkenga]
Te whakamahi pikitia hei tiritiri whakaaro	[Tāpiritia öku pūkenga]

Kōwhiria ināianei ngā pūkenga e hiahia ana kia nui ake tō mōhiotanga ki ērā, e hiahia ana rānei ki te whakawhanake.

Taku mahi pai rawa

Kua whakaaro rānei koe ki ngā mahi ka hiahia koe ki te whakamātau ina pakeke atu koe? Tuhia, ka tātuhi rānei ki te wāhi i raro i tētahi mahi ka pīrangi koe kia mahia hei anamata. Ka taea ngā whakaaro aramahi te rangahau i te Pūwhakatere Aramahi Tahatū.

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Kei te mōhio koe ki tētahi kei tō hapori e mahi ana i taua mahi? He aha tana mahi? Ki te kore, pānuitia ngā mōhiohio mō taua mahi i ngā whakaaro aramahi Tahatū

Ngā marau me ngā huarahi aramahi

Ka taea pea e ngā marau kura e pai ana ki a koe te whakaatu ō uara, pūkenga me ngā kaingākau. Toroa a Tahatū mō ngā āwhina e pā ana ki ngā kōwhiringa marau. Ko ngā marau e pai ana ki ahau ko ēnei:

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Tuhia ngā marau ka āwhina kia eke i a koe ō whāinga, kia whiwhi mahi ai rānei hei anamata. Whakaaroarohia ngā marau e pai ana ki a koe, ngā pūkenga e hiahia aka kia whanake me ngā mea tērā pea ka whaihua ki tua.

E kimi whakaaro ana koe? He ārahitanga tō Tahatū hei āwhina i tō kōwhiri marau. Ka taea te kōrerorero ki tō whānau, ka tono tohutohu hoki i ō kaiako.

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Te whakatōmene aramahi

He aha ngā aramahi e hiahia ai koe kia nui ake tō mōhio? Whakamahia a Tahatū ki te kimi mōhiohio mō aua mahi me ngā pūkenga ka hiahiatia.

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Ngā whakaaro aramahi e arohia ana e au	He aha ngā tohu, ngā whakangungu rānei me whiwhi koe mō aua aramahi?	He aha te āhua o te rā noa e mahi ana i taua mahi?

Ōku whāinga

Ko te whāinga te mutunga iho o tētahi mea e hiahia ana koe ki te whakatutuki. He pēnei i te ūnga ka whāia e koe. Ka āwhina ngā whāinga i a koe ki te arotahi, whakatakoto mahere me te anga whakamua tonu.

Te whāinga kura

Tōku whāinga kura:

Tauira: Kei te hiahia kōwhiri marau e hāngai ana ki aku kaingākau me ngā whakaaro aramahi mō āpōpō.

Whāinga whakatōmene

Tōku whāinga whakatōmene:

Tauira: Kei te hiahia rangahau au i ngā aramahi ka hono ki ngā marau e pai ana ki ahau.

Whāinga pūkenga

Tōku whāinga pūkenga:

Tauira: Kei te hiahia whakapai ake i aku pūkenga mahi i rō rōpū mā te tūhono i tētahi kaupapa ā-rōpū, i tētahi karapu rānei.

Whāinga hapori

Tōku whāinga hapori:

Tauira: Kei te hiahia āwhina i tētahi kaimahi moni ka taea ai tō mātou rōpū pā whutupōro te haere ki ngā whakataetae.

Ngā kaupae me ngā mahi ka whai ake

Ko ngā mahi ngā hipanga ka oti i a koe kia whakatutuki i ō whāinga. Ka āhei ēnei te whakahou i te takanga o te wā.

Ngā Mahi	Aku mahi me ngā kaupae e whai ake ana	Kua oti
Tauira: Te rangahau marau e hāngai ana ki aku kaingākau me ngā whakaaro aramahi mō āpōpō.	Te tūhono i tētahi karapu hei whakapakari pūkenga me ngā wheako.	
Tauira: Te rangahau i te whakaaro aramahi.	Te kōrero ki tō mātou kaiwhakaako mō taku āwhina ki te mahi moni.	

Mā wai pea au e āwhina?

Mā wai pea au e āwhina ki aku whāinga, ki aku mahi hoki (ngā kaiako, te whānau, ētahi atu tāngata e whakaute ana au).

Te ingoa o te tangata tautoko	He pēhea tana āwhina mai ki aku whāinga me aku mahi

Te huritao

Āta tiroirohia tō pūwhakamahere aramahi puta noa i te tau, ka panoni i ētahi āhuatanga ki te hiahiatia. Whakautua ngā pātai e whai ake nei.

He aha ngā mea hou kua akona mōku anō?

He aha ngā mea hou kua akona e pā ana ki ngā aramahi?

Me whakatōmene pea i te aha whai muri nei?