

11 Ngā hononga tāngata

Making connections

Session plan

Key messages

- Talking to others about my career aspirations helps to create opportunities for my future pathways.
- It's important to find and connect with people who will have a positive influence on my life choices.

Session sequence

1. Remind rangatahi about when their tūpuna were living in Aotearoa and new people arrived in their area. Let rangatahi know how good their tūpuna have always been at building relationships. Discuss these questions:
 - What kinds of things might their tūpuna have been asked by the new people? (how to find food, what materials were available for building, how to find tracks in the bush)
 - How did the new people find these things out? (asked the tūpuna, trial and error, made friends with the tūpuna).
2. Discuss with rangatahi the importance of talking to others about their career aspirations and interests. Often someone we know will know someone who knows someone else who may be able to help. Ask if anyone has experience of finding an employment opportunity through a contact.
3. Tell rangatahi they are going to play a game. Give them the Making connections activity. Explain that they must talk to other rangatahi to find someone who matches the information they have on their activity sheet – but there is a twist.
 - Rangatahi must first try to complete their activity sheets while still sitting in their chairs.
 - After two minutes they can walk around the room to find someone who matches their sheet.
 - They must always have their activity sheets with them.
 - The person who matches the description must sign their name in the space provided.
 - First three rangatahi to complete their activity sheets are the winners.

Discuss:

- How many signatures did you get sitting down?
- How many more did you get walking around?
- How did the winners complete their sheets first?

Key career competencies

Establish a support network.

Demonstrate understanding of the importance of both independence and support from others in career decision making and planning.



Key questions

Who could you talk to about your future?

Who are some positive role models you would like to connect with?



Supporting resources

Kaiārahi PowerPoint 11

Rangatahi activity: Making connections activity sheet

Rangatahi activity: Whenua career action plan (Session 8)



Duration

40-50 minutes

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Session plan (continued)

4. Talk to rangatahi about what makes it easy or difficult to connect with people who can help them with their future career pathways.
 - What conversations can you have to let others know about your career ideas?
 - What makes it hard or easy to connect with others?
 - What if others are not helpful?
 - What kind of attitude do you need to have?
5. Ask rangatahi to complete the Te waka section of their Whenua career action plan.