

7 Te whakaterere waka Launching my waka

Session plan

Key messages

- I know that I have career potential.
- I know some steps I can take now to help me prepare for my future career.

Session sequence

1. Tell rangatahi that in this session they will complete their Te haerenga hou career planner, which means they are launching their own journey towards their future career.
2. Recap each section of Te haerenga hou career planner and reinforce the key ideas in each section:
 - **Te kaihoe** – You are the kaihoe travelling on your own journey but you are not alone, you carry your culture, whakapapa and whānau with you wherever you go.
 - **Te waka** – On your journey there are many people who want to help you succeed. Identify who those people are and ensure they know the direction you wish to take because they will help you arrive at your destination.
 - **Te hoe** – It is up to you to decide in what direction to travel. Prepare well for your journey by mastering new skills, being open to new opportunities, and selecting subjects and courses that will be a good fit for your future direction.
 - **Tangaroa** – There will be challenges, but in the end these challenges will point you in the right direction. Don't be afraid to ask for help.
3. Ask rangatahi to complete the Tangaroa section of their Te haerenga hou career planner. In pairs, get them to share their plans and identify any areas they are still thinking about or any questions they may have. It's not necessary for rangatahi to know exactly what they want to study or what job they want to do now. Tell them they are just beginning a journey and the plan they now have is enough to give them a great start towards their future career.
4. Decide on a process for following up the rangatahi career plans. Collect them in or take copies for follow-up sessions, either as a group or individually. Congratulate them on completing their career plans and tell them they are on their way to leaving a great legacy for their own descendants.

Key career competencies

Develop skills in building and maintaining a positive self-concept.

Demonstrate understanding of short and long-term career planning.

Key questions

How do you feel now about being the kaihoe of your own career waka?

What would you like to find out more about?

What will be the next step on your career journey?

Supporting resources

Kaiārahi PowerPoint 7

Rangatahi activity:
Te haerenga hou career planner (Session 1)

Duration

20-30 minutes