

1 Ka mua, ka muri

Looking back to move forward

Session plan

Key messages

- My tūpuna had careers that were meaningful and important to their lives in their time.
- I have career potential because I'm descended from skilled and knowledgeable people.
- A career plan is a helpful tool for my future.

Session sequence

1. Open with a karakia and invite rangatahi to introduce themselves. Tell rangatahi their iwi and waka link them to their tūpuna who made huge journeys to arrive here nearly 1,000 years ago. Refer to Careers of our ancestors Introduction for more information. Discuss:
 - Do you think your tūpuna had careers?
 - What did they need to come to Aotearoa?
 - Who built the waka? Navigated the ocean? Prepared the food?
 - Are these activities careers?Reinforce the importance of all the careers in traditional society. This discussion sets the scene for the Rangatahi Futures programme. Revisit and reinforce the main ideas throughout all the sessions.
2. Introduce the whakataukī in Kaiārahi PowerPoint 1. Identify words they know. In small groups, ask rangatahi to explore what they think the whakataukī means and share their explanations. Discuss:
 - What is a waka for? (Travelling, getting food, racing.)
 - What is a paddle for? (It helps you to move forwards, to keep you on course.)
 - What happens if you don't have a paddle? (You get off course, drift, get lost.)
3. Introduce and explain the four sections of the Te haerenga hou career planner – Te kaihoe, Te waka, Te hoe, Tangaroa. Tell rangatahi they will be working through a series of sessions to explore the four sections further and complete their own career plan.
4. Ask rangatahi again if they think their tūpuna had careers. Acknowledge the connections of rangatahi to the careers of their tūpuna through whakapapa. Tell them that as descendants of their multiskilled tūpuna they have limitless career potential.
5. Ask rangatahi to complete section one Te kaihoe of Te haerenga hou career planner.

Key career competencies

Demonstrate understanding of how work relates to the needs and functions of society and the economy.

Demonstrate characteristics and understanding of a positive self-concept.

Demonstrate understanding of short and long-term career planning.

Key questions

Did your tūpuna have careers?

What is a career?

What kinds of skills did your ancestors have?

Supporting resources

Kaiārahi PowerPoint 1

Careers of our ancestors
Introduction

Rangatahi activity: Te haerenga
hou career planner

Duration

30 minutes